

British Lung Foundation Information Sheets

The British Lung Foundation have information sheets and leaflets about a wide range of breathing related topics ranging from specific conditions to self help.

The subjects covered are listed below, if anyone would like a free copy of any of them, contact Jas or Bev.

Air Products have produced pack for anyone thinking about taking a holiday outside the UK. It contains information such as a holiday rental price list, what is available where, Airline costs, holiday contacts & a holiday service order form Please remember Air Products states that it can take 4 - 6 weeks for holiday oxygen orders to be processed so as with your home oxygen supply, order well in advance.

Specific Conditions:

- Adult Respiratory Distress Syndrome (ARDS)
- Alpha 1-antitrypsin deficiency
- Aspergillosis
- Asthma
- Bird Flu
- Bronchiectasis
- Bronchoscopy
- COPD
- Depression
- Emphysema
- Extrinsic allergic alveolitis
- Flu
- Legionnaires' Disease
- Mesothelioma
- Pneumonia
- Pneumothorax
- Pulmonary Embolism
- Pulmonary Fibrosis
- Pulmonary Hypertension
- Respiratory Syncytial Virus
- Tuberculosis

General Fact sheets:

- Air travel with a lung condition
- Asbestos
- Baby Breathe Easy
- Benefits
- Children's lung conditions
- Complementary therapist
- Exercise & your lungs
- Going on holiday
- Healthy eating & your lungs
- How to get the best from your GP
- Joining the BLF
- Lung transplantation
- Nebulisers
- Nebulisers Equipment suppliers
- Non- invasive ventilation
- Oxygen
- Oxygen suppliers
- Pulmonary rehabilitation
- Sex & breathlessness
- Smoking & your lungs
- Stopping smoking
- Taking antibiotics
- Your home & your lungs